

Zimbabwean Community Physical, Emotional, Social and Spiritual Wellbeing Strategic Plan

The main priority is to bring Zimbabwean Australian People together

Objectives:

1. Having community representatives to provide social and emotional support when needed
2. Having community leaders or mentors to support especially Zimbabwean Australian Young People
3. Having mentors who can act as uncles and aunties to our young people
4. To mitigate the breaking up of families

This strategic plan involves all Zimbabweans living in Western Australia. This was initially developed in 2020 and the process involved

1. Group and individual consultation.
2. Formation of small groups for instance: adults male. Adults females and young people
3. Formation of small social clubs
4. Combined community social outings
5. Engagement with the Zimbabwean Australian mental health professionals for community open forums and educational groups
6. Adult education on Australian and Zimbabwean cross-cultural parenting skills
7. Engagement with Zimbabwean Australian AOD and Mental Health professionals on the impact of substance abuse on the community, family and children.

It is important to note that while the ZAWA will be the custodian of this Strategic Plan, the Zimbabwean community is responsible for the delivery of all of the activities the Plan identifies.

ZAWA Executives and ZAWA advisors are responsible for the implementation of this Strategic Plan

The Three themes

Themes	Activities	KPIs
1. Community Cohesion	<ul style="list-style-type: none">• Young people• Elders• Disability• Sporting	
2. Socio and Economic Growth	<ul style="list-style-type: none">• Business people• Students both local and international students• Community Education• Sporting	
3. Health and Wellbeing	<ul style="list-style-type: none">• Sporting• Community Education• Council of elders	

The Four key guiding questions for the Zimbabwean community are:

1. Where are we now; - the current situation regarding suicide, chronic illness and loneliness?
2. Where do we want to be in five, or ten years?
3. As a community how will we get there?
4. How will we know as a community we have achieved our community goal?